Luminous Mysteries for Eucharistic Revival

1. The Baptism in the Jordan

Heavenly Father, at the Jordan River, You sent Your Holy Spirit to anoint the Body of Your Beloved Son, Jesus. We praise You for sending Your Holy Spirit at the epiclesis of every Mass to bring forth the Eucharistic Body of Your Beloved Son, Jesus. May we always adore Him with deepest reverence.

2. The Wedding Feast at Cana

Heavenly Father, You allowed the Blessed Mother Mary to intercede with Your Beloved Son Jesus to provide new wine for the wedding feast at Cana. May she obtain the New Wine of the Holy Spirit for us--that we come to relish ever more fully the inestimable Gift of Christ's Most Precious Body, Blood, Soul, and Divinity in the Holy Eucharist.

3. The Proclamation of the Kingdom of God

Heavenly Father, You sent Your All-Powerful Word to take on our human nature and redeem us through His Passion, Death, and Resurrection. May we lay down our lives in proclamation of this "good news of great joy" ---renewed daily as Your Son becomes Sacramentally present to us at every Mass and remains with us in every Tabernacle.

4. The Transfiguration

Heavenly Father, at the Transfiguration You declared, "This is my beloved Son, in whom I am well pleased; hear him" (Mt 17:5). As we adore Your Beloved Son in His Eucharistic Presence, allow us to truly recognize Him, love Him, and hear His Voice resounding in our hearts.

5. The Institution of the Eucharist

Heavenly Father, throughout eternity we will never be able to adequately thank You for the Gift of even one Holy Communion! Each day please pour out Your Holy Spirit on us that--united to the hearts of St. Joseph and our Blessed Mother--our capacity to worthily and gratefully receive our Eucharistic King may continually increase.